



PEACE ZONE
Experience the power of recovery.

PEACE Zone is a member-driven, peer-led recovery center that supports individuals with mental health issues through peer support, socialization opportunities, recovery and wellness groups, and art expression groups.

August 2017 Newsletter

from your friends at PEACE Zone!

WHO'S WHO AT THE PEACE ZONE:

Board of Directors

Eric Provost—President
Chris Dunning—Vice President
Janie Chappell—Secretary
Tim Pigman—Treasurer
Joshua Armstrong
Beth Barchet
Dave Cerling
Adam Hall
Timothy Kempf
Emily Reidford
Gene Schadler
Michelle Parks
Jon Schaefer
Craig Emig

Staff

Mark Funkhouser, Director
Kristen King, Program Coordinator
Michelle Krack, Peer Wellness & Outreach Coordinator/CRS
Lisa Cheatem, Peer Recovery Advocate/CRS

4th ANNUAL ART OF RECOVERY

As you may already know, the 4th Annual Art of Recovery fall fine art show is fast approaching. We are still taking art entries for a couple more weeks. For more info or for artwork entry forms [Click Here](#)

The goals of the art show are: 1) to reduce stigma associated with mental illness, 2) to raise funds for PEACE Zone's Arts Engagement & Empowerment program, 3) to promote healing & recovery from mental illness through art, and 4) to promote work of local artists in recovery.

Proceeds will benefit both the artist & PEACE Zone. Artwork will remain on display available for purchase September 1st-14th.

RECEPTION:

September 1st, 6-8 PM

LOCATION: First Presbyterian Church, 609 SE 2nd St.

**Light Refreshments
FREE to Attend**

Meet the New Program Coordinator

and check out PEACE Zone's extended hours...



PEACE Zone has a new Program Coordinator, Kristen King. Although not originally from Evansville, Kristen has remained here following the completion of her Bachelor's degree in Accounting from USI. She previously worked in both public and private accounting and has worked for Town & Country Ford since 2008. She teaches English as a Second Language to students in Beijing, China for VIPKid part-time. In recent years, Kristen has taken a path toward organizations in the nonprofit sector. She currently serves as Board Treasurer

for Churches Embracing Offenders program, Pack Committee Awards/Recognition Chair for the Boy Scouts of America and is certified in Youth Mental Health First Aid through the National Council for Behavioral Health.

Kristen is married to Christopher King, has a son, Blake, daughter, Annistyn and three step-children and enjoys spending time with her family most of all and volunteering. She hopes to be able to help and encourage peers as she has been in recovery for 10 years and feels a strong need and desire to "give back because so many peers and supporters gave so freely of themselves throughout my journey in recovery".



HOURS:

Tue 12-7
Wed 9-4
Thur 9-4
Closed Fri-Mon

You Can Help!

We are needing the following items donated:

Acrylic Paint
Art Supplies
Copy Paper
Coffee
Creamer
Sugar/Sweetener Packets
Volunteers (Heavy Lifting) Sept. 1st Fine Art Show

You Can Help

There will be a lot of heavy lifting the day of the art show so any extra helping hands would be terrific.

*Please contact Kristen @PEACE Zone if you are able to assist.
812.436.4352*

Success of the Peer Mentoring Program

The Peer Mentoring Program has been such a success and continues to grow as membership grows. PEACE Zone currently has five trained Community Health Workers/Certified Recovery Specialists offering support to those who are new to the Recovery Center. Our trained staff and peers have the desire and skills to assist others in recovery. Certified Recovery Specialists (CRS) develop authentic peer-to-peer relationships and offer support by sharing their personal recovery experiences. PEACE Zone's Peer Wellness and Outreach Coordinator/CRS, Michelle Krack, states, "Being in recovery as a mentor gives hope to those that are being mentored".

In 2016, PZ served over 700 individuals with over 4,900 visits and connected with nearly 200 people/month through Community Outreach.

Summer Fun & Facts

Did You Know...

Watermelon is summer's most popular vegetable...YES! It is a vegetable.

An average of 3million air conditioning units will fail before summer's end each year.

Summer on Uranus lasts 21 years...& each pole has 42 years of sunlight!



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